

September 15, 2016

**Topic:** Post Traumatic Stress Disorder (PTSD) Counseling

**General Purpose:** To Inform

**Specific Purpose:** To enlighten my fellow classmates of the importance of counseling for Post Traumatic Stress Disorder whether citizen or military.

**Thesis Statement:** Post Traumatic Stress Disorder is may be one of the most undiagnosed medical conditions in the world. Regular, everyday people, face very traumatic events from sexual, to emotional and so on. Military personnel have a double shot of facing post traumatic experiences.

Author: Williams, Mary Beth

Title: The PTSD workbook [electronic resource]; simple, effective techniques for overcoming traumatic stress symptoms/ Mary Beth Williams, and Soili Poijula

Edition: Second edition

Publisher Date: Oakland, CA : New Harbinger Publications, Inc., 2013

Author: Stocker, Susan Rau

Title: Many faces of PTSD : Does Post Traumatic Stress Disorder  
Have a Grip on Your Life? / Susan Rau Stocker

Publisher Date: [Place of publication not identified] : Holy Marco!  
Books, 2010

Author: Stecker, Tracy, 1969

Title: 5 survivors: personal stories of healing from PTSD and  
traumatic events/ Tracy Stecker

Edition: Center City, Minesota : Hazelden Publishing, 2011.

Publisher Date:

Roderick McClintock

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